

Palliative Care and Complex Rehab Technology

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Palliative Care Consensus Committee

CONSORTIUM OF MS CENTERS



Comprehensive Palliative Care in MS:
2019 CMSC Consensus Statement and Proposed Guidelines

COMPREHENSIVE
PALLIATIVE CARE IN MS

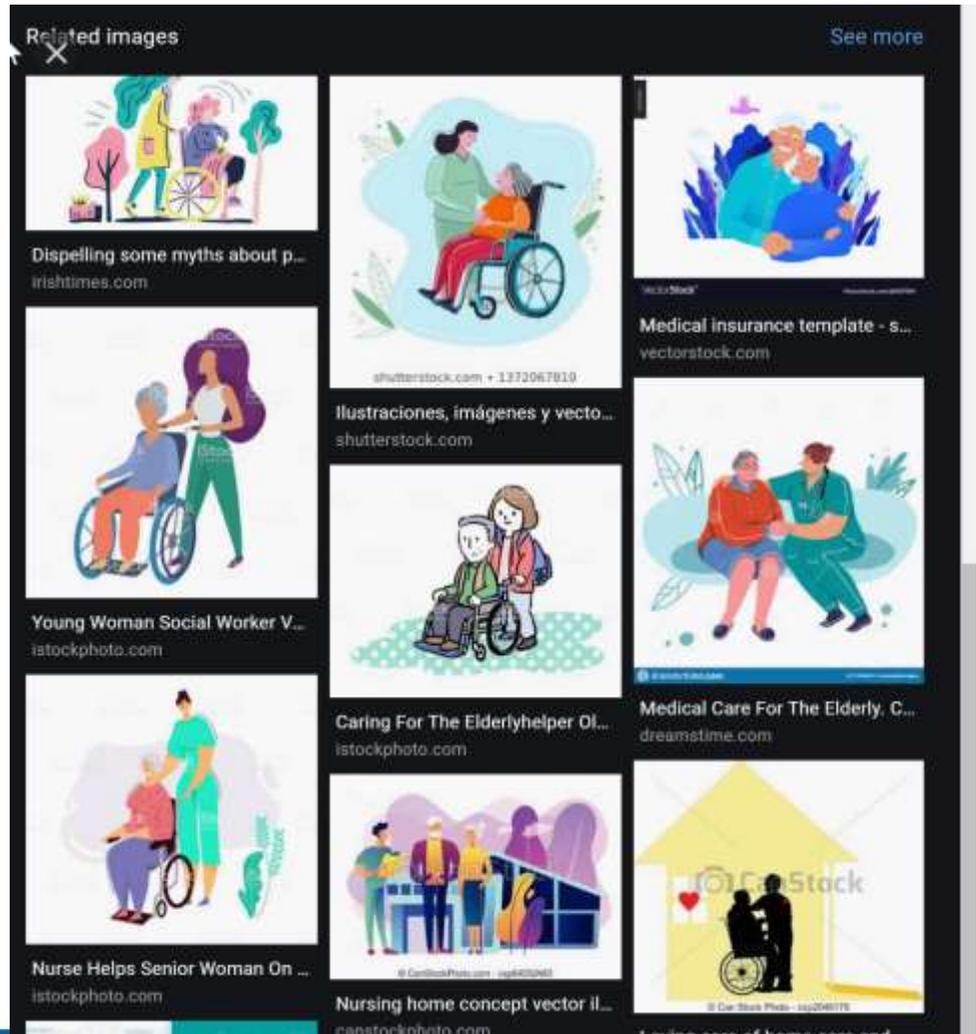
CMSC Consensus Statement and Proposed Guidelines



Independence
care system

What comes to mind
when you hear the
words – ‘Palliative Care’?

Search for *Images* of Palliative Care



Palliative Care

Palliative care is an *interdisciplinary* care delivery system designed to anticipate, prevent, and manage:

- physical,
- psychological,
- social, and
- spiritual suffering

to optimize quality of life for patients, their families and caregivers.

- National Consensus Project for Quality Palliative Care

How is Palliative Care
the same as or different
from Hospice Care?

5 key pointers to consider in providing care

- Pointer #1 – Communication is the Key
- Pointer #2 – Symptom Management is essential
- Pointer #3 – Support for caregivers is important
- Pointer #4 – Palliative Care when combined with care of patients with MS will benefit patients, families and the MS Care Team
- Pointer #5 – Advance care planning should be part of every patient's routine care

How is providing
Palliative Care
the same as or different
from providing
Complex Rehab
Technology services?

Pointer #1

Communication is the Key

- Have you thought about your own Advance Directives?
- Are you comfortable discussing loss of function with a client?
- How might you bring up these subjects with a client who needs CRT, due to loss of function?



Pointer #2

Symptom Management is Essential

- Impact of Disease Modulating Therapies (DMTs) on management of persons with MS
- How can CRT assist in management of persons with Advanced MS?
- What 'symptoms' can CRT help address?



Pointer #3

Support for caregivers is important.

- What are some of the challenges in providing care to clients with a progressive condition?
 - Health Care providers?
 - Formal and Informal Caregivers?
- What's the impact of losing the ability to walk for a person with MS?
 - How might this loss impact a family member and /or care giver?
- How might CRT assist a care giver?

Pointer #4

Palliative Care when combined with care of patients with MS will benefit patients, families and the MS Care Team.

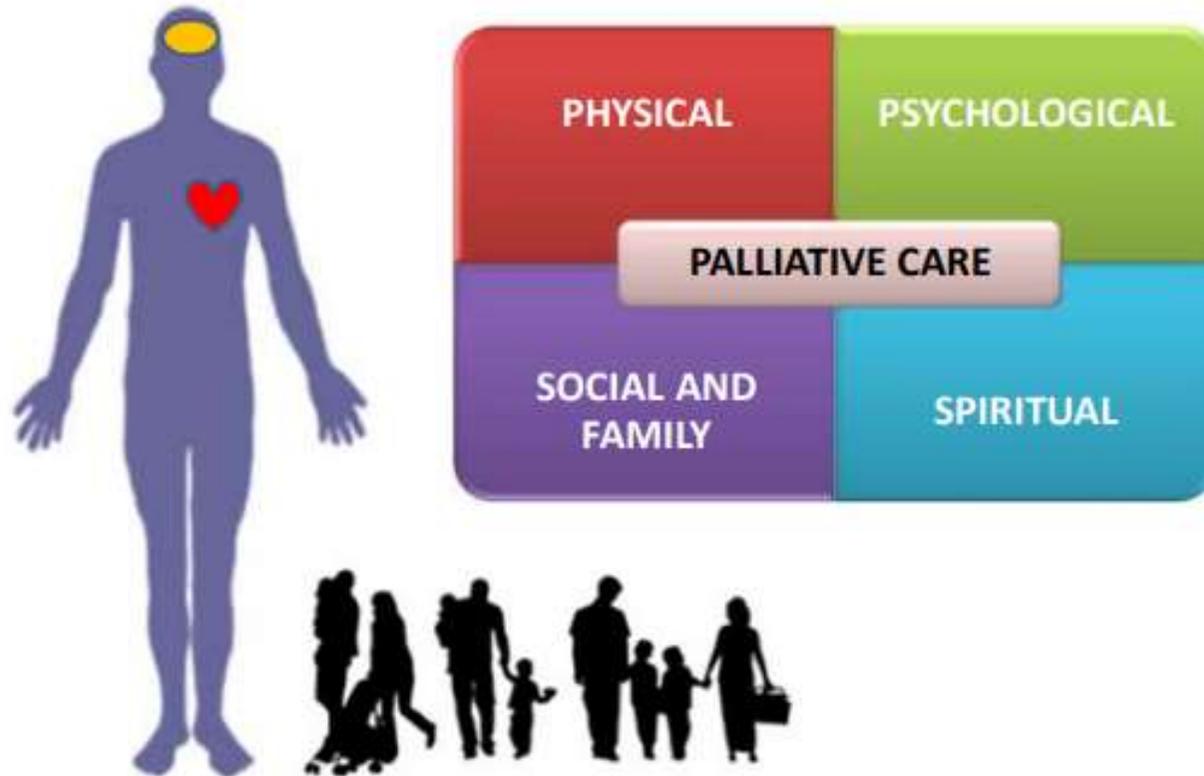
MS Patients and Families

- Unhurried, often revisited, discussions about a person's wishes and exploration of 'what matters most' is most helpful BEFORE a health crisis is so important.

MS Care Team

- Participation in an *interdisciplinary* team willing to honestly discuss CARE as well as drug therapies, helps manage emotions and expectations.

I 4 Domains for Palliative Care



Pointer #5

Advance care planning should be part of every patient's routine care.

- What currently routine care does YOUR PCP provides during an annual physical?
- What do we as CRT providers, routinely review with our clients?
- What might we, as CRT providers, want included in advance care planning as part of 'routine care' when providing Palliative Care?

Palliative Care and CRT

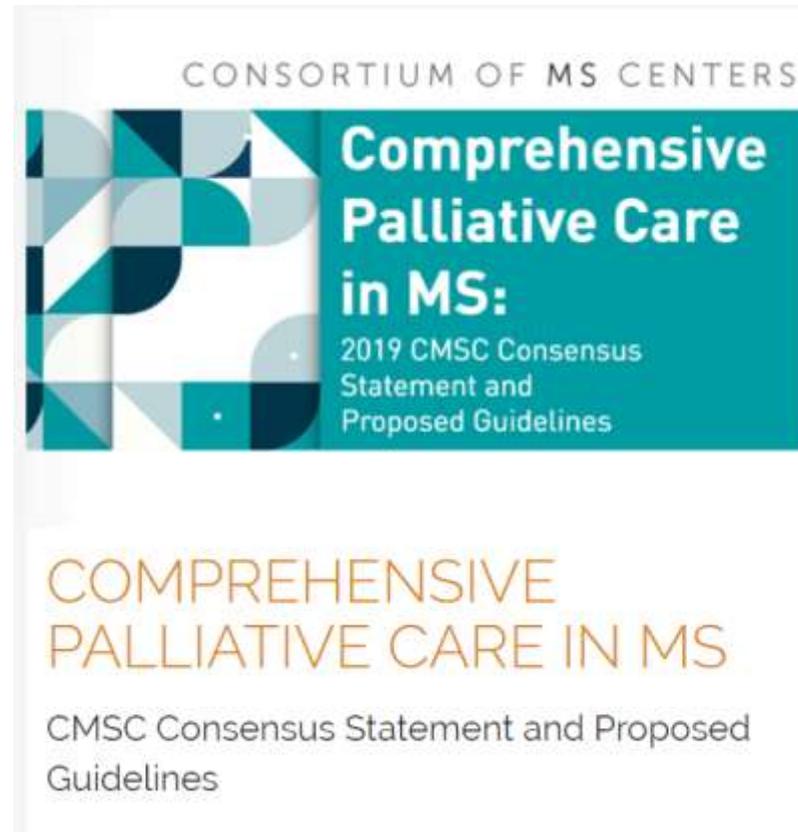
Domains

- Physical
- Psychological
- Social and Family
- Spiritual

CRT Impact

- Offers options for mobility and comfort in different positions.
- Be aware of 'symbol' of disability.
- Access to devices to ease demands of providing care.
- Social Participation can be good for the soul!!

The Consensus Statement



<https://www.mscares.org/page/palliative>

